



Disposal Do's & Don'ts

ADA American
Dental
Association®



Do's

1. Remove personal info from bottles
2. Find a drug take-back program at **MouthHealthy.org/painmeds**
3. Combine pills with used coffee grounds or kitty litter in a sealable bag before placing in the trash



Don'ts

1. Don't flush
2. Don't give to others
3. Don't give back to doctor